# Attracting Hummingbirds

Here at Orchard, we're very attached to the little hummers that zoom around the nursery and help themselves to our flowers and feeders. Six species of hummingbirds are frequently seen in our area: Costa's, Anna's, Calliope, Allen's, Rufous and Black-chinned. To sustain their supercharged metabolisms, hummingbirds must eat once every 10 to 15 minutes and visit between 1,000 and 2,000 flowers per day! Here's how to entice them into your yard.



## **Plant a Variety of Hummingbird Favorites**

| <b>Botanical Name</b> | Common Name       |
|-----------------------|-------------------|
| Albizia julibrissin   | Silk Tree, Mimosa |
| Arbutus               | Strawberry Tree   |
| Cercis                | Redbud            |

**Desert Willow** 

Abelia

Chilopsis linearis Citrus Citrus Crataegus Hawthorne

Malus Flowering Crabapple

#### **Shrubs**

Abelia grandiflora

Trees

#### **Botanical Name** Common Name

Abutilon Flowering Maple Arctostaphylos Manzanita Azalea Azalea Buddleia davidii **Butterfly Bush** 

Callistemon **Bottlebrush** Chaenomeles Flowering Quince Correa Australian Fuchsia

Grevillea Grevillea Heteromeles arbutifolia Toyon Hibiscus Hibiscus Lantana Lantana Lavandula Lavender

Ribes Flowering Currant Tecomaria capensis Cape Honeysuckle

Weigela Weigela



#### Perennials & Bulbs

#### **Botanical Name Common Name**

Agastache Anise Hyssop Ajuga Carpet Bugle Peruvian Lily Alstroemeria Columbine Aquilegia **Asclepias Butterfly Weed** Calibrachoa Million Bells Canna Canna Lily Montbretia Crocosmia Delphinium Delphinium Dicentra **Bleeding Heart** Echium fastuosum Pride of Madeira Epilobium (Zauschneria) California Fuchsia

**Fuchsia Fuchsia** Gladiolus Gladiolus Helleborus Hellebore Heuchera Coral Bells Hosta Plantain Lily Red-Hot Poker Kniphofia Lion's Tail Leonotis leonurus Lepechinia hastata Pitcher Sage Liatris **Blazing Star** 

Lilium Lily

Cardinal Flower Lobelia cardinalis

Lupinus Lupine

Mimulus Monkey Flower

Monarda Beebalm Pelargonium Geranium Penstemon Beardtongue Phlomis fruticosa Jerusalem Sage **Phygelius** Cape Fuchsia

Salvia Sage Speedwell Veronica spicata Verbena Vervain

### **Vines**

#### **Botanical Name Common Name**

Campsis radicans Trumpet Creeper
Distictus buccinatoria Blood-Red Trumpet Vine

Ipomoea Morning Glory
Lonicera Honeysuckle
Mina Lobata Spanish Flag

Phaseolus coccineus Scarlet Runner Bean

**Passion Vine** 

#### **Annuals & Biennials**

Passiflora

#### **Botanical Name** Common Name

Begonia Begonia
Cerinthe Honeywort
Clarkia Clarkia
Cleome Spider Flower

Digitalis Foxglove

Impatiens Impatiens

Nicotiana Flowering Tobacco

Petunia Petunia
Tropaeolum majus Nasturtium
Zinnia Zinnia

#### Succulents

#### **Botanical Name** Common Name

Aloe Aloe

Beschorneria Mexican Lily Dudleya Chalk Lettuce Hens & Chicks Echeveria Gasteria Gasteria Hesperaloe parviflora Red Yucca Lewisia Cliff Maidens Opuntia **Prickly Pear** Sedum Stonecrop Sempervivum House Leek

## **Provide Feeders for Year-Round Residents**

Anna's hummingbirds live in the Bay Area year-round, so provide feeders for when flowers are in short supply.

- To reduce competition, hang several feeders far enough apart that the hummingbirds can't see each other.
- Fill the feeders with commercial hummingbird nectar or make your own nectar; For each cup of water, use ¼ cup of white granulated sugar. Combine in a saucepan and bring to boil. Cool before filling feeders. Never use honey or artificial sweeteners.
- Hang your feeders in the shade to prevent the nectar from fermenting.
- Be sure to clean feeders and change the nectar regularly, once or twice weekly.

## Give Hummers Water to Bathe

Hummingbirds love to fly through sprinklers and running water from fountains. They are especially attracted to misters, which can be attached to regular garden hoses.

# **Tolerate Some Bugs**

Hummingbirds need to eat tiny insects as a protein source, and they use spider webs to construct their stretchy nests.

- Eliminate pesticides or use as infrequently as possible.
- Make sure your yard contains insect-pollinated flowers as well as hummingbird-pollinated plants.
- Leave some cobwebs.